IK ORIENT KLUBBREKORD UTOMHUS

Uppdaterat 2022-05-08 av Björn Constantin. Mail: bjorn.constantin@gmail.com

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|  | Män |  |
|  |  |  |
| 100 | Peter Stalefors 68 | 10.70 -93 |
| 200 | Peter Stalefors 68 | 21.63 -91 |
| 400 | Victor Lohr 87 | 48,45 -07 |
| 800 | Sten Johansson 42 | 1.51.1m -67 |
| 1500 | Anders Carlsson 59 | 3.48.30 -79 |
| 3000 | Gunnar Larsson 39 | 8.12.8m -65 |
| 5000 | Anders Carlsson 59 | 13.55.38 -79 |
| 10000 | Gunnar Larsson 39 | 29.31.8m-65 |
| 3000hi 91,4 | Anders Carlsson 59 | 8.28.97 -80 |
| 110h 106,7 | Anders Leifsson 92 | 14.80 -13 |
| 400 h 91,4 | Martin Giebat 69 | 54.74 -89 |
| Höjd | Glenn Älveblad 55 | 2.07 -79 |
| Stav | Roger Thorstensson 55 | 5.15 -77 |
| Längd | Mathias Lageskog 73 | 7.60 - 98 |
| Tresteg | Mathias Lageskog 73 | 15.00 -98 |
| Kula 7,26 | Jonas Meyer 90 | 17.88 -14 |
| Diskus 2,0 | Hans Arvidsson 58 | 50.44 -83 |
| Slägga 7,26 | Anders Constantin 82 | 62,35 -05 |
| Spjut 800 | Patrik Andersson 78 | 68.38 -97 |
| 10-kamp | Hans Bagge 56 | 6.946m -78 |
|  | (11.5-7.01-13.01-1.91- | 51.2- |
|  | 15.9-39.28-3.60-51.48- | 4.22.5) |
| 4x100 | Per-Joan Lorentzon 74 |  |
|  | Peter Stalefors 68 |  |
|  | Robert Fabian 72 |  |
|  | Claes-Martin Hansson 71 | 42.38 -96 |
| 4x400 | Martin Giebat 69 |  |
|  | Mats Johansson 63 |  |
|  | Peter Stalefors 68 |  |
|  | Dane Almfjärd 61 | 3.20.19 -89 |
| 4x800 | Jimmy Hoppe 62 |  |
|  | Ulf Åberg 59 |  |
|  | Kari Malmlund 59 |  |
|  | Anders Carlsson 59 | 7.46.15 -79 |
| 4x1500 | Gunnar Johansson 29 |  |
|  | Sven Skalstad 35 |  |
|  | Roland Carlsson 24 |  |
|  | Leif Mattsson 31 | 16.20.0m-58 |
|  |  |  |
|  | **P 19** |  |
|  |  |  |
| 100 | Peter Stalefors 68 | 10,99 -87 |
| 200 | Victor Lohr 87 | 22,00 -04 |
| 400 | Victor Lohr 87 | 48,80 -04 |
| 800 | Lars-Ove Andersson 55 | 1.53,5m -73 |
| 1500 | Anders Carlsson 59 | 3.49,28 -77 |
| 5000 | Anders Carlsson 59 | 14.16,95 -78 |
| 2000hi 91,4 | Anders Carlsson 59 | 5.35,57 -78 |
| 110 h 100,0 | Anders Leifsson 92 | 14,30 -11 |
| 400 h 91,4 | Martin Giebat 69 | 55.69 -88 |
| Höjd | Mikael Engberg 66 | 2,05 -85 |
| Stav | Roger Thorstensson 55 | 5,00 -74 |
| Längd | Björn Wilson 90 | 7,49 -09 |
| Tresteg | Andreas Eriksson 73 | 13,99 -92 |
| Kula 6,0 | Anders Constantin 82 6,25 kg | 16,21 -00 |
| Diskus 1,75 | Anders Constantin 82 | 45,12 -00 |
| Slägga 6,0 | Anders Constantin 82 6,25 kg | 58,48 -01 |
| Spjut 800 | Patrik Andersson 78 | 68,38 -97 |
| 10-kamp | Robert Grahm 61 | 5.637m -79 |
| 4x100 | Kari Artojärvi 59 |  |
|  | Stefan Gustavsson 59 |  |
|  | Bo Johansson 59 |  |
|  | Jan Johansson 59 | 44.58 -77 |
| 1000 | Mikael Eek 60 |  |
|  | Stefan Gustavsson 59 |  |
|  | Kari Artojärvi 59 |  |
|  | Bo Johansson 59 | 2.06.4m -75 |
| 3x800 | William Brochman 01 |  |
|  | Sigurdur Andersson 99 |  |
|  | Jacob Helsing 00 | 7.17,08 -16 |
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|  | **P 17** |  |
|  |  |  |
| 100 | Victor Lohr 87 | 11,10-04 |
| 200 | Victor Lohr 87 | 22,00 -04 |
| 400 | Victor Lohr 87 | 48,80 -04 |
| 800 | Robert Mellberg 73 | 1.54,39 -90 |
| 1500 | Robert Mellberg 73 | 3.55,99 -90 |
| 3000 | Anders Carlsson 59 | 8.42,2m -75 |
| 2000hi 91,4 | Anders Carlsson 59 | 5.53,4m -76 |
| 110 h 91,4 | Gustav Magnusson 95 | 14,29 -12 |
| 300 h 84,0 | Gustav Magnusson 95 | 37.97 -12 |
| Höjd | Mattias Grundberg 75 | 2,00 -92 |
| Stav | Roger Thorstensson 55 | 4,90 -72 |
| Längd | Björn Wilson 90 | 7,23 -07 |
| Tresteg | Kari Artojärvi 59 | 13,91 -76 |
| Kula 5,0 | Anders Constantin 82 6,25 kg | 15,22 -99 |
| Diskus 1,5 | John Plate 93 | 46,44 -10 |
| Slägga 5,0 | Johan Green Pettersson 95 | 53.86 -12 |
| Spjut 700 | Patrik Andersson 78 800 g | 61,64 -95 |
| 10-kamp | Bo Johansson 59 | 6.505m –76 |
| 4x100 | Robert Mellberg 73 |  |
|  | Mathias Lageskog 73 |  |
|  | Kenny Windahl 73 |  |
|  | Andreas Eriksson 73 | 46.4m -89 |
| 1000 | Mikael Eek 60 |  |
|  | Stefan Gustavsson 59 |  |
|  | Kari Artojärvi 59 |  |
|  | Bo Johansson 59 | 2.06.4m -75 |
| 3x800 | William Brochman 01 |  |
|  | Sigurdur Andersson 99 |  |
|  | Jacob Helsing 00 | 7.17,08 -16 |
|  |  |  |
|  | **P 15** |  |
| 80 | Mattias Simonsson 74 | 9.86 -88 |
| 300 | Viktor Lohr 87 | 37,57 -02 |
| 800 | Jonas Malmström 75 | 2.00.84 -90 |
| 2000 | Jimmy Söderström 82 | 6.20,30 -96 |
| 1500hi 76,2 | Christian Karlsson 74 914 | 5.31.8m -89 |
| 80 h 84,0 | Agustin Hilmersson 03 | 12,57 -18 |
| 300 h 76,2 | Per Kåberg 84 | 43.18 -99 |
| Höjd | Mattias Grundberg 75 | 1.86 -90 |
| Stav | Roger Thorstensson 55 | 4.38 -70 |
| Längd | Magnus Jilleskog 70 | 6.12 -85 |
| Tresteg | Kari Artojärvi 59 | 12.71 -74 |
| Kula 4,0 | Bo Johansson 59 | 13,70 -73 |
| Diskus 1,0 | John Plate 93 | 46.80 -08 |
| Slägga 4,0 | John Plate 93 | 45,16 -08 |
| Spjut 600 | Anders Johansson 93 | 48,47 -08 |
| 8-kamp | John Plate 93 | 4.954p –08 |
| 4x80 | Mattias Simonsson 74 |  |
|  | Kenny Windahl 73 |  |
|  | Mattias Johansson 73 |  |
|  | Niklas Marberg 73 | 38,84 -87 |
| 3x800 | Hampus Larsson 94 |  |
|  | Mattias Blomgren 95 |  |
|  | Erik Bryngelsson 95 | 7.40,76 -08 |
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|  | P 14 |  |
|  |  |  |
| 80 | Mattias Simonsson 74 | 9.86 -88 |
| 300 | Kalle Sandberg 93 | 40,59 -07 |
| 800 | Tobias Brinck 85 | 2.09,60 -99 |
| 2000 | Jimmy Söderström 82 | 6.20.30 -96 |
| 1500hi 76,2 | John Plate 93 | 5.32,88 –07 |
| 80 h 84,0 | Julian Szamer 01 | 13,60 -15 |
| 300 h 76,2 | Anton Andersson 90 | 45,30 -04 |
| Höjd | Mattias Grundberg 75 | 1.81 -89 |
| Stav | Stefan Karlsson 66 | 3.10 -80 |
| Längd | Bo Johansson 59 | 5,88 -73 |
| Tresteg | Bo Johansson 59 | 12,35 -73 |
| Kula 4,0 | Bo Johansson 59 | 13.70 -73 |
| Diskus 1,0 | John Plate 93 | 40.76 -07 |
| Slägga 4,0 | John Plate 93 | 39,40 -07 |
| Spjut 600 | John Plate 93 | 37,40 -07 |
| 8-kamp | John Plate 93 | 4.636p -07 |
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|  | **P 13** |  |
| 60 | Andreas Waldetoft 80 | 8.68 -91 |
| 200 | Mattias Olsson 90 | 26,22 -03 |
| 600 | David Tengblad 01 | 1.45.01 -14 |
| 1500 | Lukas Kallin 05 | 5.26,50 -18 |
| 60 h 76,2 | Björn Wilson 90 | 9,67 -03 |
| 200 h 68.6 | Simon Häll 01 | 34.70 -14 |
| Höjd | Björn Wilson 90 | 1,66 -03 |
| Stav | Robert Grahm 61 | 2.41 -74 |
| Längd zon | Karl Hartelius 80 | 5.60 -93 |
| Tresteg zon | Karl Hartelius 80 | 10.78 -93 |
| Kula 3,0 | Mattias Olsson 90 | 12,23 -03 |
| Diskus 0,6 | John Plate 93 | 41,16 -06 |
| Slägga 3,0 | John Plate 93 | 39,39 -06 |
| Spjut 400 | John Plate 93 | 40,68 -06 |
| 5-kamp | Björn Wilson 90 | 4.170 -03 |
|  |  |  |
| 5x 60 | Kevin Bergh 03 |  |
|  | Linus Backlund 02 |  |
|  | Simon Häll 01 |  |
|  | William Brochmann 01 |  |
|  | Max Hollertz 01 | 46.21 -14 |
| 3x600 | David Tengblad 01 |  |
|  | Simon Häll 01 |  |
|  | William Brochmann 01 | 5.37.44 -14 |
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|  | P 12 |  |
|  |  |  |
| 60 | Andreas Waldetoft 80 | 8.68 -91 |
| 200 | Björn Wilson 90 | 29,34 -02 |
| 600 | Martin Staxäng 59 | 1.47,8m -71 |
| 1500 |  |  |
| 60 h 76,2 | Björn Wilson 90 | 10,22 -02 |
| 200 h 68.6 |  |  |
| Höjd | Björn Wilson 90 | 1.60 -02 |
| Stav | Robert Grahm 61 | 2.20 -73 |
| Längd zon | Andreas Waldetoft 80 | 5.05 -92 |
| Tresteg zon | Daniel Olsson 81 | 10.55 -93 |
| Kula 3,0 | Mattias Olsson 90 | 10,14 -02 |
| Diskus 0,6 | John Plate 93 | 35,62 -05 |
| Slägga 3,0 | John Plate 93 | 34,24 -05 |
| Spjut 400 | Pontus Tveit 83 | 34.10 -95 |
| 5-kamp | Björn Wilson 90 | 3.637 -02 |
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|  | **P 11** |  |
|  |  |  |
| 60 | Andreas Waldetoft 80 | 8.68 -91 |
| 600 | Tobias Brinck 85 | 1.52,6m -96 |
| 60 h 76,2 | Björn Wilson 90 | 11.02 -01 |
| Höjd | Björn Wilson 90 | 1.50 -01 |
| Längd zon | Björn Wilson 90 | 4.75 -01 |
| Tresteg zon | Martin Wersäll 85 | 9.23 -96 |
| Kula 2,0 | John Plate 93 | 9,02 -04 |
| Diskus 0,6 | Andreas Waldetoft 80 | 24.40 -91 |
| Spjut 400 | Anders Johansson 93 | 24,07 -04 |
| Boll 300 | Joakim Olsson 80 | 44.84 -91 |
| 3-kamp | Andreas Waldetoft 80 | 2.008 -91 |
| 5x60 | Samuel Hoppe 85 |  |
|  | Martin Söderström 86 |  |
|  | Tobias Brinck 85 |  |
|  | Tobias Johansson 85 |  |
|  | Martin Wersäll 85 | 46,50 -96 |
|  |  |  |
|  | **P 10** |  |
| 60 | Andreas Waldetoft 80 | 8.84 -90 |
| 600 | Tobias Brinck 85 | 1.59,6m -95 |
| 60 h 76,2 | Björn Wilson 90 | 12,57 -00 |
| Höjd | Love Ljungqvist 09 | 1,35 -19 |
| Längd zon | Martin Wersäll 85 | 4.37 -95 |
| Kula 2,0 | Martin Wersäll 85 | 7,89 -95 |
| Boll 300 | Joakim Olsson 80 | 40.02 -90 |
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|  | **Kvinnor** |  |
| 100 | Caroline Larsson 93 | 11.90 -14 |
| 200 | Matilda Hellqvist 93 | 24.42 -12 |
| 400 | Lillemor Rönnbrant 51 | 55.40 -76 |
| 800 | Monica Myrehag 53 | 2.13,7m -73 |
| 1500 | Monica Myrehag 53 | 4.38.6m -73 |
| 3000 | Ann-Marie Ågren 47 | 10.14.8m-80 |
| 5000 | Ann-Marie Ågren 47 | 18.02,88 -80 |
| 10000 |  |  |
| 3000 h 76,2 |  |  |
| 100 h 84,0 | Ewa Johansson 52 | 14,29 -76 |
| 400 h 76,2 | Katarina Littenheim 72 | 61.60 -91 |
| Höjd | Åsa Svernling 59 | 1.75 -78 |
|  | Camilla Löf 90 | 1,75 -09 |
| Stav | Klara Mattsson 97 | 4.15 -16 |
| Längd | Christina Sundberg 60 | 6.16 -78 |
| Tresteg | Sofi Malm 80 | 12.04 -96 |
| Kula 4,0 | Maria Nilsson 95 | 15.47 -99 |
| Diskus 1,0 | Inger Olsson 46 | 44.22 -73 |
| Slägga 4,0 | Josefin Nordgren 95 | 47.22 -16 |
| Spjut 600 | Caroline Nilsson 87 | 40,38 -05 |
| 7-kamp | Gunilla Andersson 67 | 3.995e -85 |
| 4x100 | Åsa Svernling 59 |  |
|  | Marianne Lindgren 59 |  |
|  | Lillemor Rönnbrant 51 |  |
|  | Ewa Johansson 52 | 47.1m -76 |
| 4x400 | Marianne Lindgren 59 |  |
|  | Åsa Svernling 59 |  |
|  | Kristin Söderholm 59 |  |
|  | Lillemor Rönnbrant 51 | 4.06.4m -77 |
| 4x800 |  |  |
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| 3x1500 |  |  |
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|  | F 19 |  |
| 100 | Matilda Hellqvist 93 | 12,05 -12 |
| 200 | Matilda Hellqvist 93 | 24.42 -12 |
| 400 | Katarina Littenheim 72 | 57,72 -91 |
| 800 | Emelie Brändström 85 | 2.15,10 -01 |
| 1500 | Maja Hultin 96 | 4.52,48 -12 |
| 3000 | Maja Hultin 96 | 10.32,24 -12 |
| 2000 h 76,2 |  |  |
| 100 h 84,0 | Gunilla Andersson 67 | 14.62 -85 |
| 400 h 76.2 | Katarina Littenheim 72 | 61.60 -91 |
| Höjd | Åsa Svernling 59 | 1.75 -78 |
|  | Camilla Löf 90 | 1,75 -09 |
| Stav | Klara Mattsson 97 | 4.15 -16 |
| Längd | Christina Sundberg 60 | 6.16 -78 |
| Tresteg | Sofi Malm 80 | 12.04 -96 |
| Kula 4,0 | Maria Nilsson 95 | 13.30 -14 |
| Diskus 1,0 | Maria Nilsson 95 | 38.05 -14 |
| Slägga 4,0 | Maria Nilsson 95 | 42.58 -14 |
| Spjut 600 | Caroline Nilsson 87 | 40,38 –05 |
| 7-kamp | Gunilla Andersson 67 | 3.995 p -85 |
| 4x100 | Lisa Dahlström 99 |  |
|  | Tilda Andersson 99 |  |
|  | Hanna Holmberg 99 |  |
|  | Linnea Mossberg 99 | 48,69 -16 |
| 3x800 | Sofia Enander 91 |  |
|  | Josefine Ellmarker 93 |  |
|  | Helen Andreasson 93 | 7.43,71 -08 |
| 1000 | Anna Härsjö 73 |  |
|  | Jennie Andersson 75 |  |
|  | Jennie Hermansson 75 |  |
|  | Katarina Littenheim 72 | 2.19.70 -90 |
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|  | F 17 |  |
|  |  |  |
| 100 | Ulrika Granfors 63 | 12.29 -79 |
| 200 | Marianne Lindgren 59 | 24.69 -76 |
| 400 | Marianne Lindgren 59 | 58,0m -76 |
| 800 | Emelie Brändström 85 | 2.15,10 -01 |
| 1500 | Maja Hultin 96 | 4.52,48 -12 |
| 3000 | Maja Hultin 96 | 10.32,24 -12 |
| 1500 h 76,2 | Josefin Ellmarker 93 | 5.38,60 -09 |
| 100 h 76,2 | Ulrika Nilsson 84 | 14.34 -00 |
| 300 h 76,2 | Katarina Littenheim 72 | 44,45 -89 |
| Höjd | Åsa Svernling 59 | 1.74 -76 |
| Stav | Klara Mattsson 97 | 3,95 -14 |
| Längd | Sofi Malm 80 | 5.81 -95 |
| Tresteg | Sofi Malm 80 | 12.04 -96 |
| Kula 3,0 | Maria Nilsson 95 | 13,54 -12 |
| Diskus 1,0 | Beatrice Aronsson 75 | 37.52 -91 |
| Slägga 3,0 | Ida Wingård -00 | 43,67 -15 |
| Spjut 500 | Malin Andersson 89 vikt.600 g | 38,86 -06 |
| 7-kamp | Maria Gylfe 77 | 4.139 p -93 |
| 4x100 | Lisa Dahlström 99 |  |
|  | Tilda Andersson 99 |  |
|  | Hanna Holmberg 99 |  |
|  | Linnea Mossberg 99 | 48,69 -16 |
| 3x800 | Sofia Enander 91 |  |
|  | Josefine Ellmarker 93 |  |
|  | Helen Andreasson 93 | 7.43,71 -08 |
|  |  |  |
| 1000 | Gunilla L Andersson 66 |  |
|  | Gunilla Andersson 67 |  |
|  | Gabriella Norberg 66 |  |
|  | Annika Knutsson 66 | 2.23.91 -82 |
|  |  |  |
|  |  |  |
|  | **F15** |  |
|  |  |  |
| 80 | Agnetha Nilsson 78 | 10.20 -92 |
| 300 | Matilda Hellqvist 93 | 41,64 -08 |
| 800 | Emelie Brändström 85 | 2.17,60 -99 |
| 2000 | Anna Littenheim 75 | 7.09,72 -89 |
| 1500 h 76,2 | Moa Ellmarker 97 | 5.56,42 -11 |
| 80 h 76,2 | Gunilla Mellgren 66 | 12,17 -80 |
| 300 h 76,2 | Gunilla Andersson 67 | 45.30 -82 |
| Höjd | Åsa Svernling 59 | 1.70 -74 |
| Stav | Sara Eriksson 92 | 3,40 –07 |
| Längd | Sofi Malm 80 | 5.81 -95 |
| Tresteg | Sofi Malm 80 | 11.92 -95 |
| Kula 3,0 | Daniella Persson -00 | 12.93 -15 |
| Diskus 0,75 | Beatrice Aronsson 75 vikt.1,0 | 34,78 -90 |
| Slägga 3,0 | Ida Wingård -00 | 43,67 -15 |
| Spjut 500 | Linda Johansson 90 | 36,77 –05 |
| 6-kamp | Caroline Nilsson 87 | 3.880 -02 |
| 4x80 | Ellen Schoug 05 |  |
|  | Klara Håkansson 05 |  |
|  | Nicole Hoffman 05 |  |
|  | Hilda Nolkrantz 05 | 41,74 -20 |
| 3x800 | Agneta Hermansson 59 |  |
|  | Kristin Söderholm 59 |  |
|  | Marianne Lindgren 59 | 7.45,6m -73 |
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|  | **F 14** |  |
|  |  |  |
| 80 | Agnetha Nilsson 78 | 10.20 -92 |
| 300 | Lisa Dahlström 99 | 43,67 -13 |
| 800 | Emelie Brändström 85 | 2.17,60 -99 |
| 2000 | Anna Littenheim 75 | 7.09.72 -89 |
| 1500 h 76,2 | Moa Ellmarker 97 | 5.56,42 -11 |
| 80 h 76,2 | Gunilla Mellgren 66 | 12.17 -80 |
| 300 h 76,2 | Kristin Wahman 92 | 49,41 –06 |
| Höjd | Sofia Wingård 02 | 1.67 -16 |
| Stav | Sofia Wingård -02 | 3.17 -16 |
| Längd | Christina Sundberg 60 | 5,41 -74 |
| Tresteg | Sofi Malm 80 | 10,97 -94 |
| Kula 3,0 | Daniella Persson 00 | 11.96 -14 |
| Diskus 0,75 | Nova Hoffman 07 | 19,55 -21 |
| Slägga 3,0 | Ida Wingård 00 | 38.55 -14 |
| Spjut 500 | Linda Johansson 90 | 35,05 -04 |
| 6-kamp | Linda Johansson 90 | 3.402p -04 |
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|  | **F 13** |  |
|  |  |  |
| 60 | Sofi Malm 80 | 8.37 -92 |
| 200 | Kristin Wahman 92 | 26,56 -05 |
| 600 | Sara Eriksson 92 | 1.47,46 -05 |
| 1500 | Sabine Johansson 64 | 5.24,6m –77 |
| 60 h 68.6 | Kristin Wahman 92 h.76.2 | 9,80 -95 |
| 200 h 68.6 |  |  |
| Höjd | Sofia Wingård -02 | 1.60 -15 |
| Stav | Sofia Wingård -02 | 2.85 -15 |
| Längd zon | Sofi Malm 80 | 5.59 -93 |
| Tresteg zon | Sofi Malm 80 | 11.10 -93 |
| Kula 2,0 | Linda Johansson 90 | 11,68 -03 |
| Diskus 0,6 | Mathilda Plate 95 | 30,13 -08 |
| Slägga 2,0 | Mathilda Plate 95 | 36,98 -08 |
| Spjut 400 | Linda Johansson 90 | 32,29 -03 |
| 5-kamp | Kristin Wahman 92 | 4.591p -05 |
|  |  |  |
| 5x60 | Linnea Weding Holmgren 80 |  |
|  | Therese Lundberg 80 |  |
|  | Sofi Malm 80 |  |
|  | Sifia Larsson 80 |  |
|  | Anna Gylfe 80 | 41,73 -92 |
| 3x600 | Maja Hultin 96 |  |
|  | Julia Nilsson 98 |  |
|  | Moa Ellmarker 97 | 5.56,47 -09 |
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|  |  |  |
|  | **F12** |  |
|  |  |  |
| 60 | Sofi Malm 80 | 8.37 -92 |
| 200 | Saga Drottz 09 | 28,15 -21 |
| 600 | Josefine Gadd 94 | 1.52,04 -06 |
| 1500 | Josefine Björklund 92 | 6.01,18 -04 |
| 60 h 68.6 | Saga Drottz 09 | 10,09 -21 |
| 200 h 68.6 | Alva Eurenius 09 | 33,23 -21 |
| Höjd | Saga Drottz 09 | 1,52 -21 |
| Stav | Sofia Wingård 02 | 2.50 -14 |
| Längd zon | Sofi Malm 80 | 5.19 -92 |
| Tresteg zon | Susanna Eggertsen 81 | 9.63 -93 |
| Kula 2,0 | Kristin Wahman 92 | 10.30 -04 |
| Diskus 0,6 | Mathilda Plate 95 | 26,35 -07 |
| Slägga 2,0 | Mathilda Plate 95 | 28,91 -07 |
| Spjut 400 | Linda Johansson 90 | 27,45 -02 |
| 5-kamp | Kristin Wahman 92 | 3.416p -04 |
|  |  |  |
|  | **F11** |  |
|  |  |  |
| 60 | Eva Covic 95 | 8,59 -06 |
| 600 | Julia Nilsson 98 | 1.53,14 -09 |
| 60 h 68,6 | Maja Karlsson 10 | 11,07 -21 |
| Höjd | Sofia Wingård 02 | 1,41 -13 |
| Längd zon | Sofia Littenheim 79 | 4.70 -90 |
| Tresteg zon | Sara Mattsson 77 | 8,84 -88 |
| Kula 2,0 | Sara Mattsson 77 | 9.29 -88 |
| Diskus 0,6 | Sara Mattsson 77 | 24.10 -88 |
| Spjut 400 | Jennie Kiel 86 | 21.84 -97 |
| Boll 300 | Sara Mattsson 77 | 32.38 -88 |
| 3-kamp | Sara Mattsson 77 | 2.289 -88 |
|  |  |  |
| 5x60 | Saga Drottz 09 |  |
|  | Ida Ståhle 09 |  |
|  | Bianca Graneklev 09 |  |
|  | Elvira Berg 09 |  |
|  | Maja Karlsson 10 | 46.51 -20 |
|  |  |  |
|  | **F10** |  |
|  |  |  |
| 60 | Eva Covic 95 | 9,01 -05 |
| 600 | Sofia Littenheim 79 | 2.00,3m -89 |
| 60 h 68,8 | Isabell Friberg 84 h. 76,2 | 12.54 -94 |
| Höjd | Sofia Wingård 02 | 1,28 -12 |
| Längd zon | Sofia Littenheim 79 | 4.38 -89 |
| Kula 2,0 | Sara Mattsson 77 | 7.30 -87 |
| Boll 300 | Sara Mattsson 77 | 28.28 -87 |
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Uppdaterat 2022-05-08 av Björn Constantin. Mail: bjorn.constantin@gmail.com